Collection Instructions for Oral Rinse with Saliva DNA Preservative

1. **VIGOROUSLY SWISH & GARGLE ALL 5 mL of saline solution for 30 SECONDS**  
   ***Test accuracy is dependent on proper and thorough sample collection***

2. **EXPECTORATE** into funneled collection tube

3. **OPEN** preservative vial by unscrewing cap; **POUR** contents into collection tube

4. **REMOVE** funnel; **SECURE** red cap onto collection tube

5. **PRINT** “Patient Name” & “DOB” on barcode label; **AFFIX** lengthwise onto collection tube

6. **PACKAGE** sample for return shipment:  
   *Place collection tube into plastic bag; bagged sample(s) into box(es); close box and seal with adhesive strip. Store at room temp until ready to ship*

7. **LOG INTO** oraldna.com to **CREATE** and **SHIP** test order(s)  
   *Shipping Manifest MUST be included with shipment*

   - **DO NOT** ingest preservative; if ingested, wash mouth with water and give small quantities of water to drink; do not induce vomiting;  
     if preservative contacts skin or eyes, wash thoroughly with water; get medical attention if symptoms occur

   - OralDNA **MUST** receive specimens within 21 DAYS from the collection date