



## Oral Rinse Collection Instructions:


**STEP 1: COLLECTION**




**SWISH & GARGLE**  
saline solution for **30 seconds**.



**SPIT**  
into funneled collection tube.



**POUR**  
blue cap preservative into funneled collection tube.



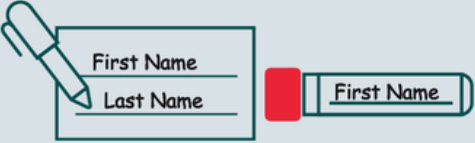
**PLACE RED CAP**

**SEAL COLLECTION TUBE** with red cap and discard funnel.

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**STEP 2: PRINT & LABEL**

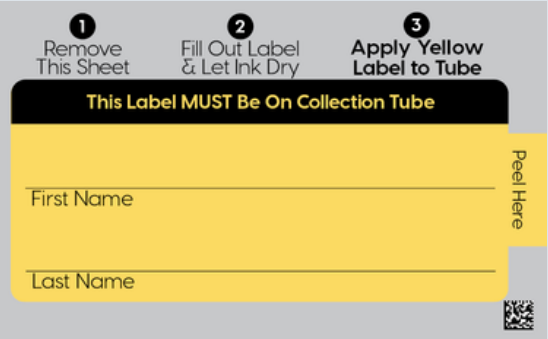
**PRINT** "First Name" and "Last Name" on **PATIENT LABEL**. Affix lengthwise onto collection tube.  
**NOTE: DO NOT COVER BARCODE**



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**STEP 3: ORDER**


**CREATE ONLINE ORDER** by logging in to [oraldna.com](http://oraldna.com) and selecting "Create Test Order(s)."



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**STEP 4: PACK & SHIP**

**PACK BOX** with bagged collection tube; remove adhesive liner; close and seal box; **SHIP**.



For shipping information and more visit: [oraldna.com/kits](http://oraldna.com/kits)

## Recommended Wait Times

Wait times are for bacterial tests. No wait for genetic, viral, or fungal tests.

<b>No wait</b>	Food, drink, or antibiotics for chronic medical conditions.
<b>30 minutes</b>	Over the counter oral care products.
<b>24 hours</b>	Prescription strength antimicrobial or antibiotic rinses.
<b>2 weeks</b>	Dental procedures that disrupt biofilm.
<b>4 weeks</b>	Application of local antibiotics.
<b>6 weeks</b>	Systemic antibiotics for acute conditions.